

Rooted EnCourage

April 3, 2020

Dear Clients,

We know that there's widespread concern in our community about the Coronavirus Disease 2019 (COVID-19), and we want you to know that your health is our top priority.

With the increasing uncertainty and growing number of infected individuals around the world, we encourage you to take responsibility for yourself and your family. Though the risk remains low, it's important to take a proactive approach to minimize exposure.

- If you've recently been in any airport, please wait 14 days before coming in for an appointment.
- If you or someone close to you has recently traveled to or from Iran, South Korea, China, or Italy, we insist you postpone booking an appointment until further notice. If this applies to you, please inform me via email, and I'll put you on a dedicated wait-list for an appointment.
- If you're exhibiting symptoms of respiratory illness, I urge you to stay home, take care of yourself, and seek medical help when appropriate.

As our community continues to feel the increased impact of the Coronavirus, I have moved solely to online sessions until April 13th following state guidelines. I am taking in-person sessions week by week. Continue to check my [website](#) for up-to-date information. **I encourage you to schedule a secure video appointment with me while coming into the office is not an option.** [Research shows](#) that they can be just as effective as in-person appointments, and we can continue your care without interruption. If you're scheduling through the portal, simply select the Telehealth Individual Therapy X9502-95 session option. I use a Hippa compliant platform called doxy.me. You can simply go to <http://www.doxy.me/peteet> and it will take you directly to my online waiting room where I will connect with you and begin our session.

Please refer to the [CDC Coronavirus Disease 2019 \(COVID-19\) webpage](#) for more information on this evolving situation, and maintain awareness by checking the official communications from the [Centers for Disease Control](#) and [World Health Organization](#).

If you have any questions, please let me know.

Regards,

Michelle Peteet

www.rootedencourage.com